

PaddleFit Summer of SUP 2017

	MON	TUES	WED	THURS	FRI	SAT	SUN		
6.30AM - 7.30AM			PADDFIT TECH II (INT-ADV) OKAHU BAY 23 Aug - 6 wks		PADDFIT TECH I/II (INT-ADV) TAKAPUNA 3 Nov - 6 wk	PADDFIT TECH I (BEG-INT) OKAHU BAY 10 Nov - 6 wks			
7AM-8AM	PaddleOn (Cancer Rehabilitation) Orakei 6 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Castor Bay 7 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Orakei 8 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Castor Bay 9 Nov - 10 Dec					
7.30AM - 8.30AM					PADDFIT TECH I/II (INT-ADV) TAKAPUNA 3 Nov - 6 wks				
8AM-9AM	Active Paddling Zero to Hero (BEG) Orakei 6 Nov - 4 wks	Active Paddling Zero to Hero (BEG) Castor Bay 7 Nov - 4 wks	Active Paddling Zero to Hero (BEG) Orakei 8 Nov - 4 wks	Active Paddling Zero to Hero (BEG) Castor Bay 9 Nov - 4 wks		PADDFIT WOMEN'S RACE TRAINING POD (INT-ADV) OKAHU BAY			
9AM-10A M	PaddleOn (Cancer Rehabilitation) Orakei 6 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Castor Bay 7 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Orakei 8 Nov - 10 Dec	PaddleOn (Cancer Rehabilitation) Castor Bay 9 Nov - 10 Dec					
9.30AM - 10.30AM					PADDFIT TECH I/II (INT) TAKAPUNA 3 Nov - 6wks	PADDFIT TECH I (BEG) ST HELIERS 10 Nov - 6 wks	STARBOARD SUPKIDS JUNIOR ACADEMY (BEG-ADV 8-14yo) - TERM 4 OKAHU BAY 28 Oct - 8 wks	PaddleFit Zero to Hero (BEG) ORAKEI 4 Nov - 4 weeks	PaddleFit Zero to Hero (BEG) ORAKEI 11 Nov - 4 weeks
10AM-11 AM	Active Paddling Zero to Hero (BEG) Orakei 6 Nov - 4 wks		Active Paddling Zero to Hero (BEG) Orakei 8 Nov - 4 wks						
1PM-2PM							PaddleFit Zero to Hero (BEG) ORAKEI 11 Nov - 4 weeks		
4PM-5PM		STARBOARD SUPKIDS JUNIOR ACADEMY (BEG-ADV 8-14yo) TERM 4 TAKAPUNA 31 Oct - 8wks							
5PM-6PM	PaddleFit Zero to Hero (BEG) ORAKEI 6 Nov - 6wks	Harcourts Beach Series Have-A-Go / Race Intro Takapuna 7 Nov - 19 Dec							
6PM-7PM	PaddleFit Zero to Hero (BEG) ORAKEI 6 Nov - 6wks								

To book contact Victoria (021) 644 129 or Helen (021) 289 0221 w: paddlefitnz.trainingiltapp.com

